

From the Exec

New Committee Members

We are delighted to share that we finally have a core of enthusiastic, willing members who are looking to become your next Committee after the AGM in October. It's never too late to get involved, if you're still wondering if you can help in any way please contact our [Secretary](#) Karen Grad.

Contact Details

Email users will shortly receive an email asking you to check and if necessary update the contact details we hold for you on our database.

If you do not use email and have changed your phone number (maybe no longer have a landline) moved house or need to update your emergency contact details, please phone 01246 900201 leaving a clear message with your name and phone number.

No Age Limits

You may/may not be aware that you do not need to be retired or have reached a certain age to join DDu3a. We do not allow children for insurance reasons, but anyone 18yrs+ who has time available and wants to 'learn, laugh and live' alongside others is welcome to join us.

Summer Social - Saturday 8th August - 2 to 4pm - Rock Choir - Civic Hall

Please note this is now **fully booked**. If you find you cannot come nearer the time, please let the [Groups Manager](#) know.

Useful Links

- [Latest Notices](#)
- [Monthly Meetings and Coffee Mornings](#)
- [Interest Groups](#)
- [Trips and Visits](#)
- [Our Contact details](#)